

sf7df8f) = . /fhgllt1x?alrsf]cljZjf; , lj utsf kl|ta4tfx? sfoff]ogsf]c; kmtf tyf gofF; /sf/
lgdf0fdf lg/Gt/ c; km kpf; sf sf/0f zflGt klqmf tyf ; lj wfg n\vgdf rgf]L k|tt u/\$f]5 . zflGt
klqmf0{; xl dfu6f Nofpg hf/L /fhgllts ult/f\sf]zl3|lg/fs/0f cfj Zos 5 . o; ælr, dxTj k0f{
; do; ldf tlj |uldf ghls55gMgkfnl:ylt /fi6æ ælo lgofu -cgldg_ hgj /L @)!! df kms6]5 / gofF
; lj wfgsf]; do; ldf @* d] @)!! xf].

w]}5f6f]; dofj wl /x\$fh]of]ahf gkfnsf g]fxçn]gofF; /sf/ u7gsf nflu lj :t[; doa4 of]hgf,
zflGt klqmf0sf dVo d2fxçsf]lg/fs/0f, lj z]fu/L lzlj /df /x\$ f dcf] fbl n8fsxçsf]; dfof]hg tyf
kg:yfkgfsf ; fy}Jofks çkdf :jLsfo{; xdltk0f{; dfwfgsf nflu cfkmyf kpf; xç ; 3g agfpg sf6{
; 06/ hf8bf/ cfux ub5 .

zflGt klqmf0{cufi8 a9fpg]ol kpf; xçsf]; dy6df ; 06/n]cfh bçel/sf dVo ; jwflgs, klxrfg
; dX, zflGt klqmf tyf ; /lff jftj /0fsf]kj]Qnf0{; d6\$]Ps kl]tj 0g k\$flzt u/\$f]5 . of]kl]tj 0g
/fli66 tyf :yfglo txdf ul/Psf #)) e6f a9L çGtj fflqmfaf0v6]05/fzoe]x\$ 5gV d]@)!! ; Dddf ; lj wfg n]
cfzj fbl 5gg\ . o; cnjff, lj z]fu/L gkfindf ; ælotf, o; sf]cfzo tyf ; jwflgs
gful/ssf]aemf0{Gog 5 .

- w]}cfibj f; L tyf hghftl ; u7gx? ut jif66f sd ; lqmo blvPsf 5g\t/ pglx?sf cfwf/et
; jwflgs dfux? cem]k0f]M ; Daf]vg gul/Psf]el]iodf pglx?sf ultlj lw km/ a9g ; Sg5 .
o; ælr, af] dof tyf lfql ; dx?n]dVotM hftlo ; ælotf lj?4 lhNfx?df ; u17t xg]sfo{hf/L

5 . cG[odf, dw]L gful/sx? pglx?sf g]fx?n] /fhgl!ts pkn!Aw xfl; n ug{g; s\$fl|t
lg/fz 5g\t/ pglx? @))& sf]dw]L cfGbf]ng rsfpg]dfux?sf]cem}; dyg ub5g\

c= cf/De tyf sfo{4lt

of]; Hfkt kljtj dg sf6{ ; Q6/n]hg @)) (df ; jwflgs, klxrf; dX, zflGt klqmf tyf ; /lff kj [Qsf
dVo lj ifodf yfn\$]f] ko]]f0f kl/of]hgfsf]; f/fz / ; Q6/sf] cu:6 @)) (sf] kj [Q lj Zn]f0f kljtj dgfsf]
cBfj lws k|ttl x] . o; df pNn]vt tYox; ^) eGbf a9L lhNnfd f sf6{ ; Q6/sf ko]]fsx;n]:yfglo
; /sf/L clwsf/L, /fhgllts bnsf kl|tlglw, gful/s ; dfhsf ; b:o, cflbjf; L Pj +; LdfGtsf ; dXsf
kl|tlglwx; , kqsf/, gful/s tyf cGt/fli60 ; dbfosf kl|tlglwx; ; E u/\$f #))) eGbf a9L cGtj f f f f f
; sng ul/psf ; rgfx; df cfwf/t 5g\ . ; Q6/n] cfkmyf tYox; gfe]a/ @)) (sf] x; /lff cj :yfA,
knc/L @)!) sf] x; jwflgs dldnfA tyf hg @)!) sf] xhlu f dldnfA ; DaGwl ; fj h]gs
kljtj dgx; af6 ; d] ; fef/ u/\$f] 5 . ol kljtj dgx;n] cem lj :t] hfgsf/L, lj Zn]f0f, pbfx/of, tYofs
tyf egf0x; k|tt u/\$f 5g\hg o; ; f/fz kljtj dgdf ; dfj z 5gg\ sf6{ ; Q6/sf ; a}kljtj dgfsf kof{
kf7 <http://cartercenter.org/news/pr/nepal082609.html> df pknAw 5g\

sf6{ ; Q6/ gkfnl ; /sf/L clwsf/Lx; , /fhgllts bnsf ; b:ox; , gful/s ; dfhsf ; b:ox; , gful/sx;
tyf cGt/fli60 ; dbfosf kl|tlglwx;n]f0{of]kljtj dg tof/ kfgsf nflu pbf/tfk] \$ vr\$]f]; do / >dsf
nflu wGof fb 1fkg ub5 .

cf= /fli60 ; Gbe{

gkfn]sf] zflGt klqmf]n] cfrf/; lxtfdf ; xdl t, lj :t] zflGt ; Dem]fdf x:tfif/ , ; @Qm cGt/d ; /sf/
tyf cGt/d ; Hwfg , ; Hwfg; efsf] lgj f f gsf] ; kmntf tyf zIQmsf] zflGt kof{ x:tfGt/ofh:tf yk}
P]ltxf] s ; kmntf k|kt u/\$f] 5 . tyflk Ps jifGbf cl3b]v ; /sf/ lgdf]df lj jfb , ; a}kncf6
sfoff]j ogx; sf]c; kmntf tyf clj Zj f; sf] vf8n cem] a9gh] zflGt klqmfdf ult/fw kbf u/\$f] 5 .
cztM o; }ult/f]vsf]sf/ofn]; Hwfg; efn]cfkmyf]d @)!) sf] ; do; Ldfdf gofF; Hwfg tof/ kfg]sfo{
k/f ug{c; kmn eof]/ kl/of]dtM o; sf]; dofj lw d] @)!! ; Dd Ps jif\$ nflu a9f0of] 'cf.kmn eofd

e]d; wf/sf] glit lgdf0f / sf0f] og xg cem} af5L 5 . ågåkl18tx;n] cem} klk k0f{ f]tklt{jf st}
c6t/d /xrt kfgp ; d} af5L 5 / /fh0 kg; f;rgf cf0f}, a}kQf vf]h alg cf0f} Pj +; To lg;n k0f tyf
d]hldnfk cf0f}h:tf yk} pRr:t/lo cf0f} cem} lgdf0f ePsf 5gg\ . clwzfz ; j}w]lgs cf0f}sf
k0f\vsf]lgoQm klk yf5L g}nfuz]f]5 .

of]kl}tj }g k\$zgc13sf ; kt}xfdf /fhgllts ult/f]v}sf] ; d}wfg vf]l]g / o; cl3 pNn}vt d}f]dnfx;n]f0}
; D}af]vg ug{/fhgllt1x;n]j}l/i7 t}xdf lg/6t/ 5nkm u/] . of]Ps ; sf/f]ds sbd xf]/ kgh}f]lt
lj j}bsf]j}j hb ol j}ftf{x;n]z]l6t klqmf, ; fj}wfg n}y}g tyf ; /sf/ u7gdf 7f] sbd r}f]lg]5g\ef}gdf
sf6x ; 06/ b]9 cfz}j fbl 5 .

d

w}cflbjf; L tyf hghflt ; #7gx?sf ; fj hlgslultlj lwdf sdl cfp tfklg ol ; dxxsf cfwf/et d2f
tyf rf; f\$ l j ifoxnf0{; Daf]

. æolb dw] j fbl bnx; Ps; fy ePgg\eg] dw] cfbfjhgshf kflktx; ; dftt xg5g\ . xfdln] xdfj
c; xdltx;nf0{sxl ; dosf nflu cnlu}/Vg' kb5 . ; h>wfg gn]vP; Dd xfdl ; E}/xg}kb5 .Æ

0€ zflgt klqmf

^= dfcf] fblx?n]ââsf]cj lwdf sAhf u/\$f kxf8, lxdfn / t/f0\$ sxl efusf w})hluf lkmtf{u/\$f]eP
tfklg dWo tyf ; b7klZrd t/f0df lkmtf{gul/Psf jf zt{lxt lkmtf{ul/Psf yk}hluf cem}5g\

sf6\ ; [6/sf]hg @)!) sf]ægkfnshf]zflgt klqmfdf hluf; DaGwl k/ta4tfx;M clxn]Dd slt pkn/Aw
ePsf/5<Æ kl]tj hgn]dfcf] fblx;n]ââsf]bf}fgdf sAhf u/\$f kxf8 / lxdfnl kb}zsf ; fy}t/f0\$ sxl
lfqs hllufx; lkmtf{u/\$f}b]vPsf] pNny u/\$f]5 . tyflk, ; b7 tyf dWoklZrd t/f0df dfcf] fbln]
sAhf u/\$f clwsfz hluf cem}lkmtf{ul/g; s\$]b]vPsf]5 . pbfx/0fsf nflu, km}c/L @)!) df pNny
ul/P d'tf]s ââsfndf s}fnl lhNndf sAhf u/\$f hllufx;dWo]clwsfz hllufx; pglx;n]cem}cfkmyf]
lgoGq0fdf /flv/x\$]b]vof]. hluf lkmtf{; DaGwl sg}cfkrfl/s ; æGq 5g\ . sxl hllufwglx; cfkmyf]
hluf lkmtf{ug{dfcf] fblx; tyf df}lx; E} cgfkrfl/s ngb}df ; ælg 5g\ . ol dflndfx;df :yfglo
dfcf] fbl kl]t]glwx;n]Ps}

cltqmd0fsf/lalr em8k eof] / \$ JolQm; lxt Ps kx/lst] d[o' xg kllof] . ; {6/sf] hg @!) sf]
kl|tj] bgdf Pg\$kf-df_ jf dft\$ f ofbj g|t] sf]g\$kf-df_ sf]; xof]udf bf^a, df]

cu:6 @))(sf]cfknyf]k|tj]hgdf ; [6/n]edof ul/Psf clwsfz lhNnfx;df :yfglo zflgt ;ldltx; u7g ul/Psf]pNny u/\$f]lyof]t/ lhNnf lhNnfd]ltglx;sf]sfo{-rfngdf 7hf]leGgtf lyof]. :yfglo zflgt ;ldltsf];ef]hgdf cgt/bnlo ljjfb, g]t]j dfly ;a\$]bfjL, ;/sf/L ;xfotfs]cefj, sf]fs] cefj tyf :yfglo zflgt ;ldltsf ;b:ox;df cfknyf]eldsfk|tsf]c:ki6tf dVo rgt]l lyP . uPsf] jifel/ zflgt tyf klgdfof dGqfnon]sf]f l]lgof]hg u/] , lhNnf txd]sd{f/L v6fP/ tyf :yfglo zflgt ;ldltsf sd{f/L / ;b:ox;sf nflu lqlo sfozfnfx;sf]cfof]hg u/] :yfglo zflgt ;ldltsf] sfo{-rfngdf c; / kfg]sxl rgt]lx;nf0{; dft kfg]sfo{u/\$f]5 . ol kof; x;sf]km:j;k sxl ;kmtf xfl; n ePsf]5 . @!) sf]hhf0{/ ; [6]a/sf]k]f]sf]alrdf sf6; [6/sf koj]fsx;n]edof u/\$f !% lhNnfdWo]!@ lhNnfd] :yfglo zflgt ;ldltsf]u7g ePsf] kf0of]. afBldf :yfglo zflgt ;ldltx; cem}u7g ePsf lyPgg]f ; ef]hs sf]xg]eG]bnx;sf]l]j]fbsf sf/Of lqliqmo lyP .

cem}klg clwsfz :yfglo zflgt ;ldltx; aa kll8tx;af6 cgtl/d /fxtsf lgj]hg; kft ug{/ ltsf] ;dlff ug{cfknyf]dh sfo{bV5g\ . tyflk tldWo]w} ;ldltx;n]sxl cGo ultljwx; u/\$f]klg atfp5g\ . of]kl/jtg dVo u/L :yfglo zflgt ;ldltx;n]cfknyf]lqmf]snfksf k|tfj zflgt tyf klgdfof dGqfnonf0{aemfPdf kft ug{; Sg]^^),)) [72]Tc0.2146 r]j 1.1-4.2(j0]w(]T*0585 Tc(dl52T*0.0 @h

; dxxz sd ; lqmo ePsf] elgPsf] 5 . cGtjff{ul/Psf JolQmxzsf cg; f/ To:tf u6xz cftl/s
ljefhgaf6 ul; t eP/, gTj; Da6wl c6o rbf]lsf sf/Of jf ef/!to ; ldfdf bj k; /lffansf] a9bf]
; tsf]sf sf/Of sd b\yf kl//xsf 5g\

t/f0df cfk/flws ultlj lwsf dVo lgzfgdf ; /sf/L clwsf/L tyf Jofkf/Lx 5g\. lhNnf kzf; g tyf
uflj ; ; lrjxzsf] egf0df ha/h:tl c; hlsf kqx;df af/Daf/ clxn] Dd g; lgPsf gfd tyf nflu]x;
xG5g\ . ol dWo]w}}; dxxzn]@!) df :yfglo ; /sf/sf] ah sf]f cflzs hf/L ug[; dodf ; /sf/L
clwsf/Lx;nf0{nllft u/\$f lyP . Jofkf/s ; dbfosf kl|t|glwx;nf0{ha/h:tl c; hlsf wDslx; kfoh; f]
ef/tlo jf bt{gul/Psf dfaf0n gDa/x;af6 cfp5g\ . k; f\$ Ps :yfglo Joj; flos kl|t|glwn]
cfk/flws ; dxxzsf nflu akmf]x; xltof/ ePsf] / o:tf wDslx;n]Joj; fo a6b ug{tyf pBf]lx;nf0{
t/f0df nufgl ugaf6 lg?I; flxt agfPsf]kof]]fsx;nf0{atfP .

; b/ tyf dWoklZrd t/f0df ; /lff jftfj/Of t/f0df af\$L :yfgx;eGbf /fd] eP tfklg sf6[; /6/sf
kof]]fsx;n]lat\$ 5 dlxgdf tl lhNnf;df cfk/flws ultlj lwdf j [4 ePsf] pNny u/\$f 5g\ dWo
tyf ; b/ klZrddf cGtjff{ul/Psf sxl JolQm] pNny u/\$f 5g\ /fHosf] cgkl:y]tsf] sdhf]lnf0{
sxl df\$fk/:t JolQmx; cj; /sf] ;kdf kof]u ul//xsf 5g\ k|oQ/df kx/Lx; kfoh; f] yf]}sf/j fxl
u5g\jf ub}ub}g\

!!= sf]g]sf]sdhf] kfngf tyf kx/L df]16(1j 11w0ts xG1275 0 (3)-4.7.246 0 T00 Tc0 Tw(9.802I*0.0028 Tc0.

cGiodf, t/f0\$ f sxl efudf ePsf uXGoflos xIofx?df kx/L ; #Ugtfsf] cf/f]ksf] lg/Gt/tfn] sfgg]sf]
zf; g tyf dfgj clwsf/k]tsf] /fHosf] k]ta4tfdly ; j {fwf/Of tyf gful/s ; dfhsf] lj Zjf; nf0{cem
sdhf] agfPsf]5 .⁵

!@= jf0l; Pn tyf cfo bnsf o

o; ; Gbedf tk; lnsf ; erfj x; df cufl8 a9g ; Dkof{ dVo bnx; sf] ; dyg; lxtsf] ; zQm ; /sf/sf]
cfj Zostfk|t Wofg lbg' dxTj kof{xG5 .

; erfj x?

; du|pknIAw

!= ; ljwfg d:of n]

zfl6t klqmf

^= Pg\$kf-df_n]cfknf]lgo6q0fdf /flv/x\$f]hlluf lkrtf{ug{b5 / gkfnsf /fhglts bnx?n]hl6n
dfldnfx?nf0{; Dafvg ug{; e6qdf ; xdlit ug{kb5 . To; }; dodf ; /sf/n]eld; wf/ sfoffj og ug{
tyf sfgg lgdf{

; xsfo[n]; kl/lrt ; z:q ; dxx; nf0{; fj hlg s 2 kdf sd blvg / oyfydf cfk/flws ultlj lwdf
lu/fj 6 Nofpg ; xofj u/\$f]blv65 .